

MEDIA-INFORMATION

October, 2022

*spyn sit-stand:*

Agile, mobile, intuitive

The trend towards meetings and working while standing is on the rise. And rightly so, as static sitting for long periods accompanied by infrequent changes of position can lead to major problems with the musculoskeletal system in the long term. Yet even static standing at the workstation or meeting table can become tiring after a while. Intuitively changing position keeps the body in motion. The **spyn sit-stand** was designed precisely for this purpose

Anyone who pays attention to how their body feels will notice immediately when standing becomes too strenuous and it is time for a change of posture. The **spyn sit-stand** provides valuable assistance here. Being a light, movable stool, it can be easily pulled up into any standing situation and used in different positions. The curved base plate made of slip-resistant natural cork keeps the user constantly in motion and prevents them from returning to a typically static sitting position. The gas spring enables the seat height to be adjusted with ease.

To sum up: the **spyn sit-stand** promotes agility during meetings and encourages intuitive changes of position.

Design: neunzig° design

Altheim, October 2022

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Images:

	<p><b><i>Fig. 1: WH spyn-sit-stand 01</i></b></p> <p><b><i>Photocredit: Wiesner-Hager</i></b></p>
	<p><b><i>Fig. 2: WH spyn-sit-stand 02</i></b></p> <p><b><i>Photocredit: Wiesner-Hager</i></b></p>

Printable image data can be download [here](#)

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